

# The Epistle

## June 2010

The Monthly Newsletter of  
St. Paul's Episcopal Church

### Rector's Reflections



#### No More Pencils, No More Books, No More Teachers' Dirty Looks!

Even though I graduated from High School 38 years ago and am now married to a teacher (I might be in trouble here!) and involved in a full time ministry there is something about the beginning of summer that brings out the kid in me making me want to shout that carefree mantra said by nearly every youth this time of year. While work continues for most of us adults, especially in the church where we are busy planning programs and events for the fall, summer is a time to slow down the pace a bit and enjoy the beauty and wonder of God and God's marvelous creation. For those of us who are blest to live on the Crystal Coast it is a time to enjoy sand and surf, the magnificent sea creatures and birds, the lush green vegetation, the breathtaking ponies of Shackleford Banks and the awe-inspiring summer sunsets. It is a time for friends, fried fish or chicken, potato salad, baked beans and picnics on the beach. For Jan and me it is an opportunity to visit with children, grandchildren and friends and to explore the creeks, marshes and nearby islands and to ride our bikes to Front Street to enjoy the great music on the Boardwalk. We will hopefully "get away" for a little R & R too so we can recharge our batteries and get ready for the fast pace that returns in the fall. It is also my goal to spend more time with God in prayer and re-creation so that I can more faithfully lead and share with you in the extraordinary work God has given us to do as the people of St. Paul's Parish.

The writer of Ecclesiastes was right. "For everything there is a season, and a time for every matter under heaven..." While rest, relaxation and recreation were not included in his litany of "seasons," these are an all important part of a balanced and health filled life. God himself endorsed and modeled their practice when he rested from all his work on the seventh day. It is my sincere hope that you utilize this special time of year to be refreshed and re-created so that you might more fully know God's love and reflect it to one another and the world.

Peace and blessings,  
Fr. John<sup>+</sup>

#### Vestry Highlights

Below is an overall statement of revenue & expenses in relation to the budget through April 30, 2010. The annual budget percentage should be, for this period, approximately 33%

Total Revenues including pledges, plate, & misc. income	<b>35% of Budget</b>
Total Budgeted Expenses	<b>32% of Budget</b>

#### 2010 Vestry Members

Dick Brown  
Julia Hamilton  
Sarah Jo Safrit, Sr. Warden  
Ellen Sewell

Patricia Phillips  
Frank Sherman  
Bedford Smith  
Joe Ustach, Jr. Warden

Patti Dill, Clerk  
Jack Gardner  
Nancy Stephenson  
Ed Wheatly

George Dill, Treasurer

Charles Phillips, Asst. Treasurer

# ✠ Parish News

*Eternal rest grant them, Lord  
Our Sympathy to...*



...The Thompson family on the death of Robert "Tommy" Thompson  
 ...Boyce Cruse on the death of his mother, Freida Cruse  
 ...Nancy Conner on the death of her husband Col. Pat Conner  
 ...Diane Mantho on the death of her son and daughter in law, Sean and Staci Griffin  
 ...John Hines on the death of his brother, Willis Hines

## June Outreach

**The Least of These International Ministries** is our outreach project for June. Least of These International Ministries underwrites the cost of a foster home/orphanage in Romania, sponsors missionaries to work with the street children and orphans, and supports a school for children in a Gypsy village. Least of These employs workers in all five of the government institutions in Arad. They hold & rock babies, sing to & simply touch & interact with them. With the older children the staff bring in learning materials & teaching aids to help with mentoring & tutoring the children. They provide fruit, juice & vitamins every time the staff report for their shift. They provide the orphans with their school & supplies in the fall, send them to a Christian summer camp, provide for all of their Christmas & ship containers of supplies over on a regular basis. Most importantly, they get the Word of God into these children's lives by providing Bibles to all of the orphans old enough to read & by taking these children to church. They are also involved in working with the poor families in the Gypsy villages, providing food & clothing for the children & parents. They provide blankets for the shelter for runaway & abandoned children, and purchase playground equipment, beds, bed linens, toys, games & books for the orphanages. They started a school approximately three years ago for kindergarten aged children in the Gypsy village. This ministry contributed to the support of a Children's Church/Kindergarten for the Alpha Betany Gypsy Church in Arad, Romania. St. Paul's contributed \$1,200 from the 2008 budget and \$1,200 in the 2009 budget. Our diocese encourages all parishes to support Millennium Development Goals (MDG) through ministries such as Least of These.

Parishioners who wish to participate are urged to contact Amy Noe or Kay Salter.

There are outreach envelopes in the back of the church for your convenience. Make checks payable to St. Paul's Church and write "outreach" on the memo line of your check. You may mail your donation to the church office or drop it in the plate during the service.

### Attention Anglers!

The Fin-Addicts fishing club will meet **Tues., June 8** at 7 pm in the Parish hall. All fisherman or fisherwomen are welcome to join. Call Larry Becker for details  
 Home-728-3177 cell-241-5522

### **Prayer Shawl Ministry**

The Prayer Shawl Group's next meeting will be **Thursday, June 17** at 10:30AM in the Ladies Sunday School Classroom. If you knit or crochet, come join the fellowship & prayer.

### **Grief Support**

Grief support is available at St. Paul's on the third Thursday of the month at 2:00pm in the Parish Hall. This month that date is **June 17**.

### **Calling All Graduates**

In our July edition of *The Epistle* we would like to recognize St. Paul's graduates. If your child is graduating, please contact the church office by Friday, June 18 with the date, the school, and any awards or honors they receive.

### **Cemetery Plots For Sale**

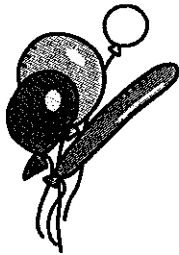
John and Dot Covert are selling their 2 lots in St. Paul's cemetery. Currently there is a headstone there but it will be removed. If you are interested in purchasing the plots, you can contact Dot at 252-223-5996 (h) or 252-422-5996 (c).

# FYI

## June Birthdays

1	Elaine Teare	17	Shirley Babcock
	Sarah Head		Margaret Laughinghouse
2	Jerry Amico		Warren Brinkley
3	Joanna Murphy	18	Julie Mansfield
	Emily Bulla	19	Michael Noe
	Carol Traxler	20	Gerald Troyer
4	George Dill	21	Fred Bunn
5	Beau Harris	23	Sarah Hartnett
	Mary B. Safrit		Mary Hartman
	Charlie Klose	24	Brad Drury
8	Rich Marshall	25	Jim Piner
	Brad Piner	27	Thomas Bullock
10	Thomas Escobar	28	Betty Bulla
11	John Williams		Barry West
12	Jessica Proctor	29	Patti McRae
	Michael King		Elaine Glover
14	Mattie Kissiah		Jennifer Lee
		30	Susan Creamer
			Marnie Park

If you don't see your name listed under your birthday month, then the church office doesn't have it. Please call the church office with the information. Episcopal records require your **WHOLE** birth date...but it can be kept confidential at your request.



### Yard Maintenance Crew

It is time to do some "Spring Cleaning" on the grounds at St. Paul's. We will have a clean up day the Saturday, June 5 at 9:00am unless it rains. Please bring your own gloves and tools. We will be weeding, trimming shrubbery, and spreading straw. Many hands make light work.

Thanks for all your help,  
Warren Brinkley



### Coffee Time for June

**June 6**—(10am) Youth Sunday  
Reception to honor graduates

**June 13**—(10am) Tina Banks

**June 20**—(10am)

**June 27**—(10am)

**\*\*Please call the church office if you are willing to host coffee time for one of these open dates.\*\***

## JUNE

### Flowers for June

**June 6**—Allan & Barbara Harding  
Joe & Marianna Hollinshed

**June 13**—Roger & Margaret Harper

**June 20**—Jim & Ann Williams

**June 27**—Norma Gardner



### Altar Chair for June

Mary Lee Daughtry

### June Altar Guild

Gina Brooks, Lynne Eastman, Hope Montgomery,  
Vicki Morris, Ellen Sewell

### Please keep these sick, suffering & recovering in your prayers:

Martha da Silva, Gus Willhauck, Ginny Becker, John Mease, Evelyn Sewell, Joy Amico, Pat Pitman, Gertrude & Tex Cavett, Ann Williams, John Carlisto, Rick Meelheim, Tina Banks, Pat Pitman, Eula Parkin, and Dan Curtin.

### As well as our service men and women especially

Diane Meelheim, Jeremy Brandt, Thomas Irwin, Thomas Key, Chris Wilson, Anthony Martin, and Steven Herod.

### Soles for Souls

As part of our mission trip to the Dominican Republic, St. Paul's will collect money to purchase shoes for children in our companion diocese. The funds collected will be given to the Dominican diocese to purchase shoes for needy children. Checks should be made out to St. Paul's Episcopal Church and earmarked "Shoes for Dominican Republic."

# Thanks and Blessings

Dear Friends in Christ,

Thank you for St. Paul's Episcopal Church's generous contribution of \$3,280 to **Episcopal Relief and Development (ERD)**. Your gift was designated for the Haiti Earthquake Response, which will help those suffering in the aftermath of the devastating earthquake that hit Haiti on January 12.

Since the quake, ERD has been working closely with the Episcopal Diocese of Haiti to provide support to people affected by this disaster. In partnership with the diocese, our emergency response has assisted more than 60,000 people with food, water, shelter, health care, sanitation and other relief. We are collaborating with the diocese to develop a plan for Haiti's long-term recovery, which will include increased focus on job creation and cash-for-work programs. Your contribution has made these efforts possible.

ERD has been working in Haiti for many years to address issues of poverty & disease and respond to other disasters. We will continue to partner with the church in Haiti as it assists people in rebuilding their lives and their country in the years to come. Please visit [www.er-d.org/HaitiCrisis](http://www.er-d.org/HaitiCrisis) for more details about our response.

To learn more about our programs, go to [www.er-d.org](http://www.er-d.org). You also can visit the "Ways to Give" section of our site for additional opportunities to contribute. Please continue to pray for people impacted by the earthquake and all those we seek to serve worldwide. Your support of ERD is saving lives and transforming communities. We couldn't do this work without your compassion and generosity. In partnership, we are healing a hurting world.

**Faithfully, Robert W. Radtke-President**

Dear Ladies Sunday School Class,

Thank you for all your support bringing clothing & Vaseline for niece, Katy. Y'all also passed the word and my porch chairs were filled.

Katy's skin condition is much improved. Most of all, thank you for your prayers and kind thoughts. Katy and I feel so blessed with all of your caring.

**Fondly, Marnie Park**

Dear Mrs. Jimmy Pake and St. Paul's Church Women,

I wanted to take a minute and write a note to thank you and St. Paul's Churchwomen for the food and beverage service provided at my grandfather's service (Mr. Robert Thompson). Everything was truly first class and we heard so many compliments on the quality and kindness of all your efforts. I am in food service and I understand the challenges that you face and I just wanted to say thank you on a job very well done! Our family needed you and you were there, without hesitation. We truly appreciate it and will never forget. Thanks again and All our Best! **Kyle Swain**

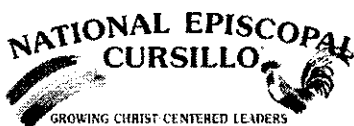
Dear Friends,

It is difficult to find the words to express our gratitude for the many kindnesses you have shown. The cards, letters, phone calls, prayers, and visits meant a great deal to us as we struggled with our loss. Along with the emotional support you gave us, the meals, chores, and other gifts of your time and energy helped sustain us day to day. Your generosity and thoughtfulness have touched us deeply. Knowing that we were not alone helped us bear our grief. Thank you for being there for us.

**With sincere thanks, Nancy Conner and Family**

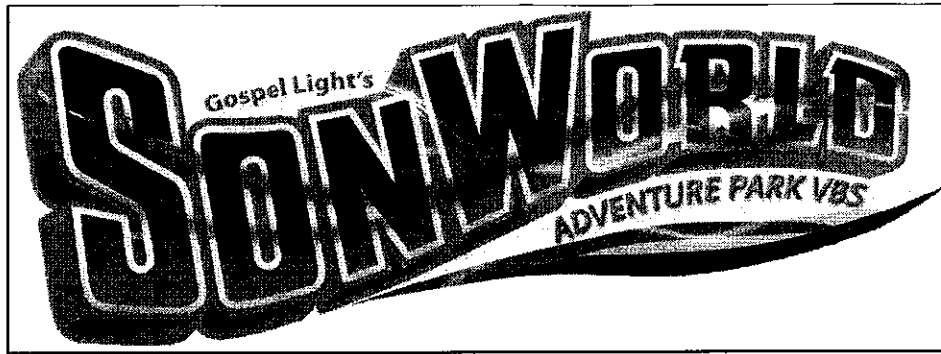
## A Big Thank You!!

Thank you to Grey Sabiston for his contribution of pine straw for St. Paul's grounds. Such generosity is what makes it possible to stick to a budget in these tough times. Be sure to show your appreciation by visiting Grey at Gaskill's Hardware.



## Calling All Cursillistas

We would like to know who has made their Cursillo in order to participate in Diocese of East Carolina chapter. If you have made your Cursillo, please contact Callie Head at 723-8482 or Helen Rawls at 240-2107. We would like to plan a mini Ultreya sometime in August.



About 8 weeks until SonWorld Adventure Park Vacation Bible School Begins! July 19-23 9am-12pm for Ages 3-6<sup>th</sup> grade. We still need a lot of adult and teen helpers. Prayfully consider joining us for this exciting week! If you can't join us for the week, there are plenty of other opportunities to help. Please sign-up under the Youth board or come to the planning meeting if you can help in any way.

**\*Please complete and return the VBS registration forms to the church office or place in the offering plate at your earliest convenience so we know how many to plan for.**

#### **Important Dates to Remember**

- June 13<sup>th</sup> - Planning meeting after the 10am service in the Library
- July 11<sup>th</sup> - Last Planning Meeting after the 10am service in the Library

#### **The Gospel according to Haley**

A few weeks ago when there was no children's chapel, during the Sunday Sermon (probably mine!) Haley was seen busily writing in the pew. This is the fruit of her labor. . . (used by permission)

#### **TO MOM FROM HALEY BY HALEY**

**THE BIBLE CHAPTER 1 GOD SAID TO THE LITTLE CHILDREN I WILL BE BACK ONE DAY. THEN THE CHILDREN SAID JESUS DON'T LEAVE US. THEN WHO WILL SAVE US FROM BAD. WHO WILL GIVE US FOOD. THEN JESUS SAID I WILL BE LOOKING OVER THE PEOPLE AND THE CHILDREN.**

**CHAPTER 2 WHAT HE WILL DO ONE DAY JESUS WENT TO A TREE AND PRAY FOR ONE HOUR. THEN HE SAID TO FIVE PEOPLE CAN'T YOU STAY UP FOR ONE HOUR. THEN HE WENT BACK TO PRAYING. THEN THE FIVE PEOPLE WENT BACK TO SLEEPING. THEN JESUS SAID IT ONE MORE TIME. CAN'T YOU STAY UP FOR ONE HOUR. SO THEY DID.**

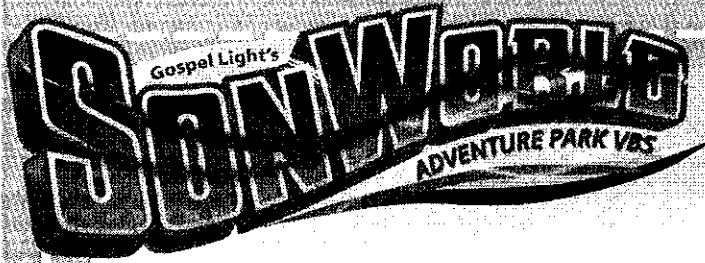
**CHAPTER 3 THE CROSS SO THEN JESUS HAD TO CAREY THE CROSS THAT WAS HAVEY. THEN JESUS FALL TO THE GROUND AND ONE OF THE PEOPLE HAD TO CAREY THAT HAVEY CROSS. THEN THEY NAIL JESUS AND THE TWO OUR PEOPLE TO THE CROSS'S.**

**CHAPTER 4 THE TOMB JESUS WAS PUT IN THE TOMB. AFTER THREE DAY AFTER HE WAS PUT IN THE TOMB HE ROSE AGAIN.**

**CHAPTER 5 THE END JESUS CAME BACK LIKE HE SAID HE WOULD SO JESUS SAID TO THE CHILDREN SO DID I KEEP MY PROMISE. THE CHILDREN SAID YES YOU DID KEEP YOUR PROMISE.**

**THE END I LOVE YOU MOMMY BY HALEY**

*From the lips of children and infants you have ordained praise (Psalm 8:2, Matt 21:16)*



## Registration

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone (\_\_\_\_\_) \_\_\_\_\_ Cell phone (\_\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_

Parent(s) name(s) \_\_\_\_\_

Parent(s) work phone(s) (\_\_\_\_\_) \_\_\_\_\_

In case of emergency, contact

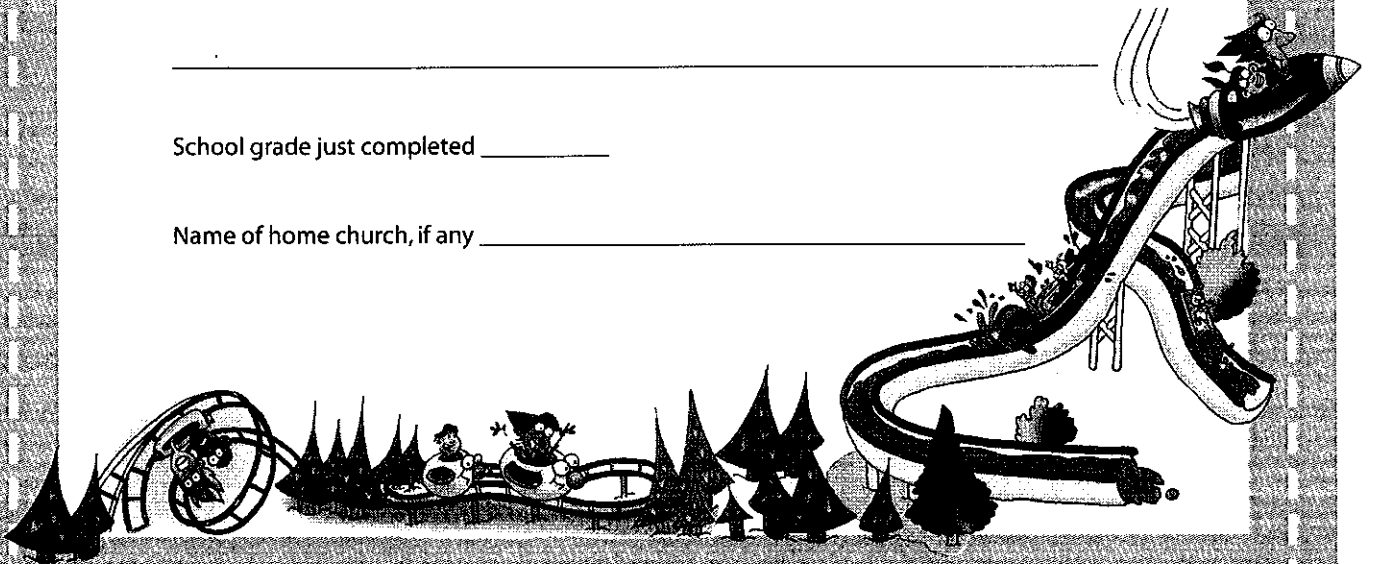
\_\_\_\_\_

Allergies or other medical conditions \_\_\_\_\_

\_\_\_\_\_

School grade just completed \_\_\_\_\_

Name of home church, if any \_\_\_\_\_





## PARISH HEALTH MINISTRIES

### FIBROMYALGIA -- A PERSONAL STORY

I first heard about Fibromyalgia about 15 years ago when a co-worker having severe shoulder and neck pain was diagnosed. She and her doctor initially thought she was imagining and overreacting to this mysterious problem. It has taken years and much study to now know that it is a very real syndrome requiring special treatment. So what is this chronic illness that was so misunderstood and difficult to diagnose?

Fibromyalgia (fibro-connective tissue; myo-muscle tissue; algia-pain) is a chronic syndrome similar to other rheumatic illnesses that causes deep generalized muscle and soft tissue pain, extreme fatigue, sleep disturbances, and often depression. There is no known cause but several theories, and it is more common in females. Some explanations include hormonal or chemical imbalances, stress, illness, poor circulation, or trauma. Some research has linked the level of serotonin to lowering pain thresholds.

There is no definitive test for Fibro at this time, therefore, it is often misdiagnosed. It is very important to find the right doctor who will have to rule out other similar conditions. The key to correct diagnosis seems to depend on two criteria -- has there been widespread pain in all four quadrants of the body, and is there tenderness or pain in certain 'trigger points' when pressure is applied? Treatment is multi-faceted and includes medications, exercise, stress reduction, diet and sleep strategies.

Tricia Phillips, a member of St. Paul's, was diagnosed with Fibro about 10 years ago. She has graciously offered to share her personal story of how this condition has affected her. We appreciate her willingness to help us understand more about this confusing and life-changing syndrome:

"Fibromyalgia is thought to be where the blood does not flow through the muscles as it should, causing a lack of oxygen, which then causes cramping and severe pain. It can even pull bones out of joints. What causes this is unknown at this time. Did I know all of this 10 years ago? No! All I knew was that I was having a lot of pain in my arms and back that affected my sleep.

Diagnosing was a process of elimination. A number of tests were done to rule out cancer, lupus, and other conditions. Finally, I was sent to a rheumatologist who diagnosed me and prescribed various treatments and medications. I now go to Greenville twice yearly for check-ups.

I deal with this conditions with medications and diet. I also see a chiropractor every other week. This helps with pain control. I also have very good family support. They understand that there are things I can no longer do. I still have some pain, some sleep problems and occasional feelings of depression, but for now I am managing these. All in all this is not a life-threatening condition, but it is a life-CHANGING condition."

**Thank you, Tricia**

### LIFE LINE SCREENINGS HERE IN JULY

St. Paul's will again host the Life Line Screenings on Monday, July 26 in the Parish Hall. These screenings include 5 tests for stroke risk, vascular disease, and bone density. The cost ranges from \$35 per test or 5 tests for \$149. Additional blood tests are also offered for cholesterol, glucose, and C-reactive protein. Details regarding these tests will be in the bulletin. Most physicians highly recommend these tests but if you have questions, ask them or the Parish Nurse. Pre-registration is required by calling 1-888-653-6441 or visit [www.lifelinescreening.com](http://www.lifelinescreening.com) for more information or to pre-register. Seriously consider taking advantage of these important preventive screening tests for some of the most life-threatening illnesses.

# June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Potters for Parkinson's 10am Spiritual Formation 7pm	2 Spiritual Formation 11am 8 PM AA	3	4 8 PM AA	5 Yard Work Day 9am
6 Senior Day Youth Sunday 8 PM AA	7	8 Fin-addicts 7pm Potters for Parkinson's 10am	9 Spiritual Formation 11am Julian Gathering 4:30 8 PM AA	10 Snug Harbor Visit 11am	11	12
13 VBS Meeting after 10am service 8 PM AA	14	15 Potters for Parkinson's 10am Daughters of the King 5:30 Spiritual Formation 7pm	16 Spiritual Formation 11am Vestry 7pm 8PM AA	17 Prayer Shawl 10:30am Grief Support 2pm Quilt Guild 6pm	18	19
20 Father's Day 8PM AA	21	22 Potters for Parkinson's 10am	23 Spiritual Formation 11am Julian Gathering 4:30 8PM AA	24 Beaufort Garden Club Flower arranging Carteret Chorale 8pm	25 <b>OLD HOME LUNCHEON</b> 8 PM AA	26
27 8PM AA	28	29 Potters for Parkinson's 10am	30 Spiritual Formation 11am 8PM AA	<div style="border: 1px solid black; padding: 5px;"> <p><b>Each Sunday</b> 8:00 AM Holy Eucharist, Rite I 10:00 AM Holy Eucharist, Rite II Followed by coffee time. 4:20PM Youth Choir Rehearsal 5:30 PM Crosswinds</p> </div>		<div style="border: 1px solid black; padding: 5px;"> <p><b>Each Wednesday</b> 10:00 AM Morning Eucharist Spiritual Formation 5:30 PM Evening Eucharist 7:00PM Choir Rehearsal</p> </div>

## Sunday Servants for June



**Altar Guild** – Gina Brooks, Lynne Eastman, Hope Montgomery,  
Vicki Morris, Ellen Sewell

### Acolytes

### Eucharistic Ministers

<b>June 6</b>	8:00AM	Vicki Morris	Allan Harding/Barbara Harding
	10:00AM	Allie Minchin Julia West Charlie Klose Emma Lasky	First Lesson Henry Gregory Second Lesson Sara Bailey Sarah Drury Sammy Goodwin <b>Greet/Bread-(8am)</b> Joe Smith <b>(10am)</b> Sandra Howarth <b>Ushers:8am</b> David Clawson, Phil Morris, John & Ellen Sewell <b>10am</b> Birkett Howarth, Weston Porter, Stephanie Hamilton, Thomas Porter
<b>June 13</b>	8:00AM	Scott Brooks	Patti Dill/Scott Brooks
	10:00AM	Thomas Porter Sarah Head Jadranka Weygoldt Ashley Domke	First Lesson Nancy Ustach Second Lesson Joe Ustach William Davis Frank Rock <b>Greet/Bread-(8am)</b> Nancy Smith <b>(10am)</b> Joe & Nancy Ustach <b>Ushers:8am</b> Gerald Troyer, Jr., Joe Smith, Jim Smitherman <b>10am</b> Tip Noe, Brad Drury, Dave Farrior, Shelvey Lloyd
<b>June 20</b>	8:00AM	Susan Smitherman	Mamre Wilson/Susan Smitherman
	10:00AM	Ben Drury Charlotte Henry Josie Daniel Ryan Salter	First Lesson Grace Deely Second Lesson Pennyloyd Baldrige Jack Gilstrap Len Gilstrap <b>Greet/Bread-(8am)</b> Jim Smitherman <b>(10am)</b> Catherine Stephenson <b>Ushers:8am</b> Walt Glancy, Bill & Helen Rawls, Jeff Vinton <b>10am</b> Pennyloyd Baldrige, Roberta Brown, Charles Hale, Joe Ustach
<b>June 27</b>	8:00AM	Taylor Hollingshead	Lewis Bryan/Sarah Jo Safrit
	10:00AM	Rachel Henry Jake Lasky Alyx Goodwin Henry Gregory	First Lesson William Davis Second Lesson Caitlyn Brandt Pat Schaaf Dick Brown <b>Greet/Bread-(8am)</b> Dolores Meelheim <b>(10am)</b> Roberta Brown <b>Ushers:8am</b> Sam Williams, Ike & Helen O'Neal, Joe Smith <b>10am</b> Jack Gardner, Lee Phillips, Madeleine Schaw, Frank Sherman



**Lunch at St. Paul's  
Episcopal Church  
Fri. June 25 and Sat. June 26  
11:00 am—1:30 pm**

≈MENU≈

**Hot Dog w/ homemade chili and all the fixings, Chicken Salad Sandwich, Pimento Cheese Sandwich,  
Egg Salad Sandwich or 7-Veggie Sandwich**

Sandwiches on homemade bread

All plates served with Potato Chips, Peanut Butter Brownie and Large Iced Tea

**\$5.00 per plate**

**Parish Hall— 209 Ann Street      Restrooms—Air-Conditioned!  
Seated Lunch**

**Proceeds benefit: Episcopal Churchwomen's Outreach Projects**

### **Need for Scholarships for Dominican Students**

The two churches that we will be ministering to in the Dominican Republic also run private schools and, due to the economic down turn, are unable to meet the scholarship needs of the children who could potentially come to school. They have less than half the sponsors they have had in the past. Please consider donating or sponsoring a child to attend school.

The scholarships are \$250 per child but any donation would be accepted gratefully.  
Please make checks payable to St. Paul's and place "Dominican Scholarship" in the memo.

### **Evening Prayer**

Someone has said that if Christians really understood the full extent of the power we have available through prayer, we might be speechless. Did you know that during WWII there was an advisor to Churchill who organized a group of people who dropped what they were doing every day at a prescribed hour for one minute to collectively pray for the safety of England, its people and peace?

There is now a group of people organizing the same thing here in America. If you would like to participate: Every evening at 9:00pm Eastern Time, stop whatever you are doing and spend one minute praying for the safety of the United States, our troops, our citizens, and for a return to a Godly nation. If you know anyone else who would like to participate, please pass this along.

Our prayers are the most powerful asset we have.

### **Youth Sunday/Graduation Sunday**

**Sunday, June 6**, is Youth Sunday and we will honor our high school graduates. The 10:00am service will be conducted by St. Paul's Youth. Sarah Drury will deliver the sermon. Other youth will be serving as Lectors, Acolytes, Eucharistic Ministers, Ushers, and Greeters.

The 2010 high school graduates will also be honored at the 10:00am service. Our graduates are: Caitlyn Rebecca Brandt, Sarah Parker Drury, Thomas Edmund Escobar, Samantha Colin Goodwin, and Meghan Christine Hauman.

The ECW and Rector's Merit Scholarships will be presented at this time. Please attend and show support for our youth and graduates.

# *Crosswinds*

*☞ Where the World and Faith collide ☞*

## **The St. Paul's Dominican Mission Trip – What We Will Do There**

Pack the bags, the tickets are bought, we're on the road to Santo Domingo! We have 13 people going on the trip. Please keep them in your prayers. Here are the people going:

Bill Bailey	Sammy Goodwin	Allie Minchin	Mamre Wilson
Missy Bailey	Callie Head	Vicki Morris	
Sara Bailey	Paul Head	Mary B. Safrit	
Gina Brooks	Sarah Head	Ryan Salter	

Please keep Connie Killibrew in your prayers as she is a member who can't go due to her now caring for her mother who had a stroke.

Our mission there will be fourfold. We will be visiting three churches out in the countryside and bringing them the altar hangings and vestments that the women of the church have been handcrafting for them. The three churches are served by a single priest who travels between them. We will be purchasing shoes for as many of the children of the community that your donations can provide. We are purchasing shoes there instead of bringing them to support the children and the economy their parents depend on. We will be providing crafts, music and games for two Vacation Bible Schools at two different churches in the city of Santo Domingo, "La Sagrada Familia" and "Santisima Trinidad." We will conduct one VBS in the morning and another in the afternoon. Our goal is to build connections with the kids between ourselves and their local church. Mamre Wilson will be painting a mural on the wall in the school at La Sagrada Familia. She hopes to incorporate the handprints of the children building a bond between them and the church there.

Our fundraisers have been very successful thanks to all of you! There are still a few youth who would like to raise extra for the trip by doing Servant for Hire when school is out. If you have any odd jobs you would like to hire a teen to do for you, we will have Servant for Hire between June 9<sup>th</sup> – 12<sup>th</sup>. Please sign-up under the Youth Board.

## **Crosswinds Heads for Summer Fun**

Regular Crosswinds meetings on Sundays have ended for the summer. Instead, we will be doing a number of fun get-togethers each month. These are great opportunities for your child to give Crosswinds a try in a fun, non-threatening atmosphere. All Youth from Grade 6 -12 are encouraged to come (College kids home for the summer are certainly encouraged to come help in the fun). All are invited to bring a friend and join us for these exciting events. Please post the calendar on your fridge and keep Crosswinds on your mind as we head into summer!

## **Crosswinds Summer Fun Schedule**

Sunday June 6<sup>th</sup> - Youth Sunday—Sarah Drury preaches, Youth Choir sings, sit up front 10am Service

Monday June 14<sup>th</sup> – Lost Treasure Trip—Dinner, Putt Putt, Bumper Boats, Go-Karts 4pm – 9pm Cost: \$26

June 24<sup>th</sup> – July 2<sup>nd</sup> - Dominican Mission Trip

Wednesday July 7<sup>th</sup> – Swim at the Town Dock—Meet at Church for Dinner and fun 5:30-8:30pm

July 15<sup>th</sup> – 16<sup>th</sup> – VBS Decorating—Wear old clothes to paint sets. We need all the help we can get!  
9am – 4pm Anytime you can give us would be helpful

July 19<sup>th</sup> – 20<sup>th</sup> - SonWorld Adventure Park VBS 9am – 12pm

Thursday August 19-20<sup>th</sup> – Crosswinds Crossover—This is our welcome to our new rising 6 graders who are joining Crosswinds. We will have Dinner, Lock-in, and fun at the Jungle Rapids Waterpark. Cost is Rain checks from last year or \$25 plus dinner 6pm-6pm

Sunday August 29<sup>th</sup> - Crosswinds starts back 5:30pm



# The Epistle

June 2010 Edition

St. Paul's Episcopal Church  
215 Ann Street  
Beaufort, NC 28516-2103  
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**The Rev. Paul Head-Associate Rector**

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**Martha da Silva—Administrator**

**Janet Hollingshead—Part-time Secretary**

**Rick Smith—Organist/Choirmaster**

**Ginny Poindexter—Parish Nurse**



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**The Epistle deadline for  
June is  
Friday, May 21.**

*The Epistle* is the monthly parish newsletter for St. Paul's Episcopal Church, Beaufort, North Carolina.  
For address changes or other information, please contact the church office  
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