

The Epistle

October 2010

The Monthly Newsletter of
St. Paul's Episcopal Church

Rector's Reflections



As the lush green shades of summer gradually transform to the brilliant patchwork of colors called autumn, the thoughts of Christians turn to expectant waiting during Advent for the celebration of the birth of Jesus and his second coming at Christmas. The Advent season is also a time when your parish leadership turns their attention to the program and budget and stewardship needs for the coming year. The Finance Chairman, Don Stumbaugh and Treasurer, George Dill meets with Parish Administrator, Martha and me to determine the fixed expenses of the church. Commission Chairs meet with their committees to discuss their needs and dreams for their ministries. The Stewardship Committee gathers to develop their annual drive plan to seek your commitment of time, talent and treasure. The work of the two groups, the Finance Committee and the Stewardship Commission, converges in December and becomes the parish Program and Budget recommended for adoption by the Vestry at their December meeting. It is time consuming but important work.

Each year the Stewardship Commission seeks creative and innovative ways to get your attention in hopes you will prayerfully consider and return your pledge cards prior to Thanksgiving so they can complete their work on time. Since coming to St. Paul's in 2004 I have stressed the Biblical standard of the tithe (10%) along with the idea of proportional giving as a way to achieve it. Proportional giving means to determine the percentage of your total income you are currently giving to the church and other charitable organizations and if you are not at a minimum of 10% to develop a plan to increase your annual giving by a percentage, determined by you, until you reach the tithe. While the Stewardship Committee does its job to encourage your participation, it is ultimately your decision to obey the biblical mandate to give as expressed in Paul's 2nd Letter to the Corinthians where he says:

The point is this...Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures for ever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God; for the rendering of this service not only supplies the wants of the saints but also overflows in many thanksgivings to God. Under the test of this service, you will glorify God by your obedience in acknowledging the gospel of Christ, and by the generosity of your contribution for them and for all others; while they long for you and pray for you, because of the surpassing grace of God in you. Thanks be to God for his inexpressible gift (9:6-15)!

I sincerely hope you will heed the call and make your pledge cheerfully when asked.

St. Paul's, through its program and budget, supports many important and necessary ministries in our community including the Broad Street Clinic, Habitat for Humanity, Meals on Wheels, the Boys and Girls Club, Domestic Violence, Rape Crisis, Yahweh Center, Least of these Ministries, Five Loaves, and more. These ministries are counting on our continued and additional support. At the same time the cost of health insurance, gas, electricity, and other fixed expenses continues to rise. When you get your Time, Talent and Financial pledge forms this year I ask that you prayerfully consider what God is calling you to do for St. Paul's and the other important ministries you support.

I also urge you to consider the tithe as your minimum standard of giving or to at least develop a personal or family proportional giving plan to reach this level. The vestry believes the tithe to be the "the standard minimum level of giving" and invites "each one of you...to join us in this commitment: to offer our individual gifts to God, to continue to tithe (10 percent) or work toward the tithe" (see Vestry Stewardship Statement p. 2). As I have said many times before, if we each one of us does what God is calling us to do, there will be enough and more to accomplish God's work in our parish and community.

Thank you in advance for your generosity and cheerful gift to God and God's work in the world for 2011.

Pax,
John⁺

✠ Parish News

October Outreach

Yahweh Center Children's Village is our outreach project for October. The Yahweh Center is a North Carolina residential treatment program and child-placing agency for abused, neglected, and at risk children ages 5 to 12 years. The Center provides residential treatment and works with children with various attachment and psychological disorders. In addition the Yahweh Center offers psychiatric residential treatment, day treatment, including outpatient play therapy, therapeutic foster care, and adoption services. The healing philosophy is Christ-centered and operates within an environment of unconditional love that is geared towards optimum child development.

The Yahweh Center also provides comprehensive treatment to the parents and families of children through structured family intervention. They believe that all children should grow up in the family system to which they belong. However, when family reunification is not an option, other alternatives are sought to ensure emotional security and permanence for the child. The Center has a 90% permanent placement success rate.

The Yahweh Center exists to be the place for children in the NC mental health system to be fully **restored** as they transition into the next level of appropriate care. Their unique mixture of the best of modern clinical treatment with a **Christ-centered** healing philosophy has made the Yahweh Center one of the top agencies within the North Carolina mental health field.

There are outreach envelopes in the back of the church for your convenience. Make checks payable to St. Paul's Church and write "outreach" on the memo line of your check. You may mail your donation to the church office or drop it in the plate during the service.

Prayer Shawl Ministry

The Prayer Shawl Group will meet on **Thursday, October 21** at 10:30am in the Ladies' Sunday School Classroom.

Grief Support

Grief support is available at St. Paul's on the third Thursday of the month at 2:00pm in the Parish Hall. This month that date is **October 21**.

Snug Harbor Visit

There will be a Eucharist at Snug Harbor on **Thursday, October 14**. Anyone interested in joining Fr. Paul, please call the church office by Wednesday, October 13.

Book/Film Group

The Book/Film Group will meet **Thursday, October 15 at 7:00pm** in the office classroom. Discussion will focus on the film "To Kill a Mockingbird". Anne and Jim Searl will host a viewing at their home at a date to be announced. If you have any questions, call Jim Searl at 726-2381.

Stewardship Campaign

'Tis the season at St. Paul's to remember it is more blessed to give than receive. Be on the look out in the mail this month for a letter about our annual stewardship campaign. It will be your opportunity to set in motion your 2011 gifts of your time, treasure and talent. Please consider proportional giving. Many at St. Paul's have discovered how meaningful this is.

Vestry Stewardship Statement 2010

We, the vestry of St. Paul's, believe God is the creator, redeemer and sustainer of all things. We believe the scriptures teach us to give cheerfully of our time, talents and financial resources. All we have has come from God, and our gifts to Him are in gratitude and thanksgiving for His many blessings. In Luke, Jesus teaches us, for where your treasure is, there will your heart be also.

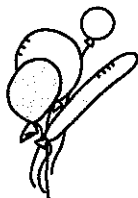
We, the vestry of St. Paul's, commit to be faithful and thoughtful stewards of God's gifts. Each of us commits to evaluate our individual gifts and to examine what percentage our gifts represent of our resources. We commit to proportional giving and will continue to tithe (10 percent) or work toward the tithe. We understand the tithe to be the standard minimum level of giving.

We, the vestry of St. Paul's, invite each one of you in our parish family to join us in this commitment: to offer our individual gifts to God, to continue to tithe (10 percent) or work toward **the tithe**.

October Birthdays

1	Kathryn Nelson	16	Emmett West
	Jillian Murphy	18	Frank Sherman
	Ellie Rose	19	Elizabeth Key
	Elsa Ehlers	20	Nancy Wheatly
	Helen O'Neal		Sallie Lee
5	Gertrude Cavett	21	Jim Midgett
	Tex Cavett	24	Ralph Willis
6	Julia Hamilton		Carole Sadler
	Vicki Morris		Pat Pitts
	Shirley Oppenheim	25	Sonya Goodwin
7	Taylor Hollingshead		Connie Killebrew
	Alyx Goodwin		Emma Lasky
9	Charlotte Henry		Frank Eiler
	Rachel Henry	26	Don Stumbaugh
10	Allan Harding	27	Gail Quante
	Marianna Hollinshed		Joe Smith
11	Evelyn Sewell	28	Diane Mantho
	David Baldwin	30	Dana Smith
13	Sarah Jo Safrit		
14	Ginny Costlow		
	Brenda Chadwick		
	Emy Christian		
	Nellie Householder		
	Charles Phillips		

If you don't see your name listed under your birthday month, then the church office doesn't have it. Please call the church office with the information. Episcopal records require your **WHOLE** birth date...but it can be kept confidential at your request.



Yard Maintenance Crew

We will have a clean up day Saturday, October 2 at 9:00am Please bring gloves and tools that will make this project easier. Everyone is welcome to help with this project.



Thanks for all your help,
Warren Brinkley



Coffee Time for October

- Oct. 3**—(8am) Kay Salter
(10:45) Shelvey Lloyd/Kathy Bohley
- Oct. 10**—(8am)Joan & Warren Brinkley
(10:45) Rick & Sherri Smith/Callie Head
- Oct. 17**—(8am) Walt & Milena Glancy
(10:45) Nancy & Joe Ustach
- Oct. 24**—(8am) Dick & Anna deButts
(10:45) Lynda Phillips/Roberta Brown
- Oct. 31**—(8am) Ellen & John Sewell
(10:45) Sarah Jo Safrit

OCTOBER

Flowers for October

- October 3**—Bason/Cooke Wedding
- October 10**—Halstead/Wheatly Wedding
- October 17**—Pam & Bruce Cayton
- October 24**—Kathryn Nelson
- October 31**—Mamre Wilson & Patty White



Altar Chair for October

Helen O'Neal

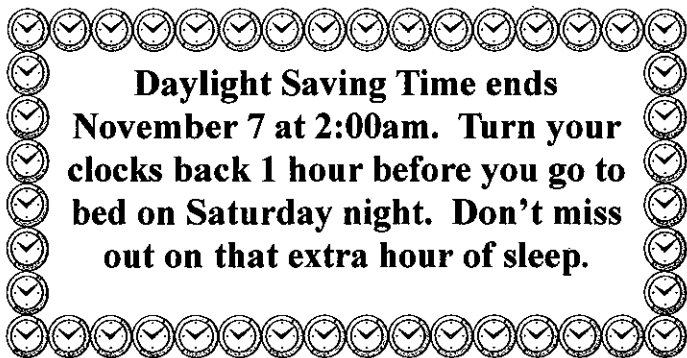
October Altar Guild

Elaine Barber, Imogene Clawson,
Nancy Ustach, Dale Wooten

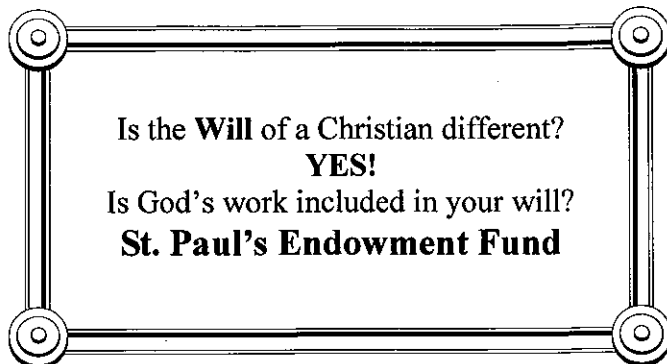
Please keep these sick, suffering & recovering in your prayers:

Martha da Silva, John Mease, Evelyn Sewell,
Gertrude & Tex Cavett, Eula Parkin, Doris King,
JoAnn McComas, Tori Smith, Tommy Midgette,
Claudette Fonseca, Nancy Johnson, Gwyn Towles,
Dot Waldenmaier, Jule Wheatly,
Carol Willis, Dotty Seiker, and Dan Curtin.

As well as our service men and women especially
Jeremy Brandt, Thomas Irwin, Brian Mead, Travis Guidt, Chris Wilson, Anthony Martin, Paul Lockhart, and Steven Herod.



**Daylight Saving Time ends
November 7 at 2:00am. Turn your
clocks back 1 hour before you go to
bed on Saturday night. Don't miss
out on that extra hour of sleep.**



Is the **Will** of a Christian different?
YES!
Is God's work included in your will?
St. Paul's Endowment Fund

Attention Anglers!

The Fin-Addicts fishing club will meet **Tuesday, October 12** at 7 pm in the Parish hall. All fisherman or fisherwomen are welcome to join. Call Larry Becker for details. Home-728-3177 cell-241-5522

Reminder!!

Choristers meets on Sunday mornings at 9:00am. Choristers is open to children in 1st—5th grade. Also, we still need more Adult Choir Members. If you have an interest, please contact Organist/Choirmaster Rick Smith at 252-240-4955

Getting ready for...

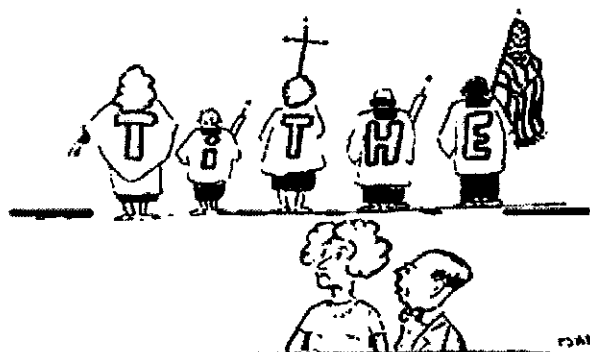
Project Christmas Cheer

Each year Project Christmas Cheer helps make the holidays a little better for those less fortunate in our community. Applications for Project Christmas Cheer assistance are accepted November 1 and run through December 10. St. Paul's is one of three applications centers. Hours are: Mondays, Wednesdays, & Fridays, from 10AM-1PM. Volunteers are needed to help with this application process, usually working one shift per week. If you are interested in helping, please call Roberta Brown (670-8977) for more information.

Blessing of the Animals



Join us for a Blessing of the Animals service on Sunday, October 10, 3:00pm-4:00pm. All pets are welcome and we encourage you to invite your friends to bring their pets. The service will be followed by an Ice Cream Social, 4-4:30pm, sponsored by Crosswinds youth.



"I think it's called subliminal advertising!"

St. Paul's Food Pantry

St. Paul's has been providing non perishable foods to the needy for nearly thirty years. This year to date we have serviced 60 families which equals 89 individuals. Some of these families are "regular customers" and depend on us to get them through until the end of the month. We have single family households and households with as many as seven people. Everyone has to go through the Dept. of Social Service for screening and they receive a food voucher. The clients can only come to the food pantry once per month. If you feel compelled to assist with this ministry, you can either bring non perishable foods to the church office or you can make a monetary contribution. For information on the needs of the food pantry, call Martha at the office at 252-728-3324.



*Eternal rest grant them, Lord
Our Sympathy to...*

...Betty Willhauck on the death of her husband Marion "Gus" Willhauck



Vestry Highlights September 15, 2010

The vestry met in the parish hall in monthly session. Some items discussed or acted on are as follows:

- The minutes of the August meeting were read and accepted.
- George Dill, Treasurer gave his report. A memorial money transfer was presented and acknowledged. Because the Beaufort office of First Flight has closed, a motion was made to move the **operating budget reserve** and **memorial** accounts to First Citizens in Beaufort. This will save Martha many miles and much time in making required deposits each month.
- The Senior Warden, Sarah Jo Safrit, thanked Father John for the leadership he gave at the Sunday, September 12 Covered Dish Celebration.
- The Junior Warden, Joe Ustach, reported that the screen door handle was being replaced.
- Report from the **Building Plan Presentation** Committee, Sarah Jo Safrit, Ed Wheatly, Joe Ustach and Father John Carlisto : The presentation and planning will be tabled until after the first of the year because of the upcoming Annual Stewardship Drive.
- The **Sabbatical Committee** (Sarah Jo Safrit, Joe Ustach, Bedford Smith, Ed Wheatly, and George Dill) presented their Sabbatical Policy and went into Executive Session for discussion. After the session and moving out of Executive Session, the vestry voted unanimously to accept the policy. Our current rector will be eligible for a sabbatical in 2012.
- Rick Smith, organist was given a short term leave in order that he be able to be with his daughter, Tori at Duke during the week for treatment for the optic nerve tumor. There will be special prayers and a love gift presented during the 10:30 Service on Sunday, September 19.
- Julia Hamilton presented a request from Joe McCreary of Ann Street United Methodist Church that there be formed a joint Handbell Choir...for Ann Street has five octaves of bells and only enough choir members for three octaves. They need eight more members and St. Paul's has several members that would like to be a part of the Handbell Choir. The Choir will perform at four to six services a year at each church. At St. Paul's they will be playing in the balcony in order to have space needed for the instruments. There is no financial commitment needed. The vestry unanimously approved this offer.
- The **Memorials Committee** presented a recommendation from their September 7, 2010 meeting. William Moore Davis, Mary Lee Daughtry, Joe Ustach, ex officio member, John Carlisto, and absent from the meeting member, Nancy Smith, recommended the following concerning the funding for a new virtual organ for St. Paul's Church:
 - * List for sale the present organ;
 - * Sell it only if the sales price and money committed are sufficient to pay for the new organ and modifications to the church;
 - * Accept the commitment of \$20,000 from Hunter and Bruce Chadwick and agree that the organ be in honor of their mother and father;
 - * Accept the commitment of \$1,000 from William Moore Davis in memory of Ruth Vincent;
 - * Agree to place a plaque in memory of Mr. and Mrs. Chadwick, Mrs. Vincent, and any others giving sums of \$1,000 or more to be placed on the organ or baffled wall;
 - * State tax will be paid by the Memorial Fund and will be replaced when the state refunds the tax.

The vestry voted unanimously to accept the recommendations of the Memorials Committee with a recommendation that an additional plaque be set in honor of those who gave money and/or time to purchase and modify the church for the present pipe organ.



PARISH HEALTH MINISTRIES

FLU SHOTS ARE AVAILABLE -- EVERYWHERE!

Flu season is fast approaching. However, the good news is that this year there is a need for only ONE vaccination. And the vaccine seems to be very plentiful and available at many sites. As mentioned in the weekly bulletins, several pharmacies are offering the shots any time and on a walk-in basis. Wal-Mart, CVS, and Walgreens are among these. Our Health Dept. will be starting to offer flu clinics in October. Call them for exact dates and details. There is a charge for non-Medicare patients. It is being recommended for anyone over 6 months old unless you have a specific medical condition, so check with your physician if in doubt. Also ask if you need a pneumonia vaccination.

Please continue to carry out all of the infectious disease prevention habits we stressed last year like frequent hand washing, covering your cough, staying home if you are sick, and using the communion cup rather than intinction. Prevention is the key to beating the flu bug in 2010.

CHOLESTEROL -- WHAT IT IS AND HOW IT WORKS

In a recent news article there was a very good explanation of cholesterol, with excellent pictures and charts for the good, bad and borderline levels. It is very important that we know and understand what these tests and numbers mean. Do not be timid about asking your doctor. You can also see the article in Ginny's office. As the article says, 'Our relationship with cholesterol is as complex and contradictory as our relationship with every other form of fat. We need it but too much of the wrong kind can clog the arteries and do serious harm'. How true of so many things regarding our health and life. Proper balance is often the difference between illness and health.

WHEN WE ARE ANXIOUS ABOUT OUR HEALTH (adapted from CareNotes)

'Worry never robs tomorrow of its sorrow; it only saps today of its joy', so says Leo Buscaglia. We often hear, 'Your health is everything', which unfairly excludes things like love of God and family or the prospect of the next life. Nevertheless, any threat to something as important as our health triggers major apprehension. That anxiety is not foolish nor does it indicate weakness or inability to cope. The important thing is managing it and keeping it controlled. The following suggestions may be helpful:

- Identify and express your feelings. This sounds simple but often is not. Along with anxiety can come anger, sadness, betrayal, and a wide assortment of other emotions. 'Why me?', 'I am afraid', 'Will I survive?' are some of the thoughts that arise. Then there are things like costs, pain, loss of employment, changes in abilities and life-styles. Try not to add guilt to these. This only adds salt to the emotional wound. Try putting your concerns into words, either by writing or discussing with a trusted friend.
- Learn. Knowledge is power, but not meant to be total control. Get information from reputable sources. Be careful of the Internet. Get second opinions as indicated, not because you are hunting for the answer you want, but because you want all the facts to make an informed decision.
- Be proactive -- Do not shirk your part in the treatment and recovery process. Taking medications correctly, keeping appointments, working hard in rehab are essential for a positive outcome. Eat right, exercise, and work on a positive mental outlook.
- Stay involved with life. Keep in touch with family and friends. Continue the activities that you can handle.
- Make faith work. Practice faith until it becomes internalized. Are you doing what you can? Are others like doctors doing what they can? Then it is time to let faith do the rest.
- And finally, take heart. You have been down these roads before, been anxious, suffered, but you are still here. It can happen again.

PRAYERS FOR HEALING (adapted from CareNotes)

As we pray for healing, it is good to remember that healing and curing are not necessarily identical. Many times cures do come, even miraculous ones. Diseases are cured but people are healed. Healing of the body, mind and spirit can always occur if we offer ourselves to God's healing grace:

'Creator God, I come to you boldly asking for health of body, mind and spirit. Please give the medical team the knowledge and wisdom to treat me with health-giving results. Give hope to my family. I also ask for healing of my whole being - restored relationships, a forgiving heart, and a belief that I am your worthwhile creation. Amen.'

EAT FOR BROAD STREET

Restaurants across Carteret County will donate a portion of their proceeds for the entire day on

October 14, 2010,

to Broad Street Clinic. This fund raiser helps Broad Street Clinic provide medications to patients that are indigent, have no insurance coverage, and suffer from chronic illness conditions.

Participating restaurants include:

Alex & Brett, Amos Mosquito's, Aqua, Backstreet Pub, Beaufort Grocery, Blue Moon Bistro, Calypso North, Chef 105, Chick-fil-A, Circa 81, Clam Digger, Clawson's, Crab's Claw, Crispinos, Dairy Queen, El's, Garden Gate Deli, Emma Lee's, Golden Corral, Fish Hooks, Island Grill, McCurdys, No Name, On a Roll Deli, Pizza Inn, Kountry Kitchen, Rucker John's, Shepard's Point, Village Market, Williams, Wind 'n Sea.

Enquirer's Class for Adults



Fr. John will be conducting classes for those desiring to explore Confirmation or Reception when assisting Bishop Santosh Marray visits on December 5 and for those wanting a refresher course in the faith and Anglican tradition.

Beginning Sunday, October 31, 4 - 5:30 PM for four consecutive weeks the curriculum will look at the history of the Christian Church and where the Episcopal Church fits into that history, the Sacraments especially Baptism, Confirmation and the Holy Eucharist, the Prayer Book, how Episcopalians view the Bible and what it means to be an Episcopalian Christian in the 21st Century. Please contact Fr. John (725-7252) or the Parish Office (728-3324) if you wish to participate.

Caregiver Respite Program

Grace Presbyterian Church, Beaufort will be hosting a caregiver program the second Wednesday of every month from 10am - 12noon for caregivers and their recipients. The program will involve movement and music, arts and crafts, language learning, and educational components. Volunteers are needed to be a general presence or to lead programming segments. If you choose to lead a programming segment, all costs are reimbursable. If you would like to volunteer, please contact the Rev. LaVera Parato (422-6139) or the Rev. Sally White (240-2283) or the Church Office (728-3324) to obtain a Volunteer Application. A caregiver support group will be offered concurrently with the program. The first program at Grace Presbyterian Church 2101 Hwy 70E, Beaufort will be October 13 and will have a Japanese theme. Caregivers of all types are encouraged to participate in the program.

An additional caregiver support group will be offered at Unitarian Coastal Fellowship, 1300 Evan St., Morehead City on alternate Wednesdays (See schedule below).

Schedule

Oct. 13 - 10am-Noon @ Grace Pres. (Caregivers & recipients)
Oct. 27 - 3pm - 4:30pm @ Unitarian Coastal Fellowship (Caregiver Support group. You may bring your care recipient if needed. Limited programming provided for them)
Nov. 1 - 10am - Noon @ Grace Pres. (Caregivers & recipients)
Nov. 17 - 3pm - 4:30pm @ Unitarian Coastal Fellowship (Caregiver Support group. You may bring your care recipient if needed. Limited programming provided for them)
Dec. 8 - 10am - Noon @ Grace Pres. (Caregivers & recipients)
Dec. 15 - 3pm - 4:30 @ Unitarian Coastal Fellowship (Caregiver Support group. You may bring your care recipient if needed. Limited programming provided for them)

Confirmation Classes offered for Youth

A five-part Confirmation Class will begin on **Sunday, October 24th *during the Sunday school hour** for those youth considering confirmation. This is in preparation for Bishop Marray's visit to St. Paul's on December 5th.

Confirmation is encouraged to all who have been baptized, when they are ready and have been duly prepared to make a mature public affirmation of their faith and commitment to the responsibilities of their Baptism. A sign-up sheet is available in the Parish Hall under the Youth Board.

Meals on Wheels of Beaufort

Meals on Wheels of Beaufort is in need of volunteers to deliver meals. This is a service which is provided for homebound folks who are either disabled, elderly or without transportation or those recuperating from surgery. Meals are prepared by Piggly Wiggly, picked up between 11:00am to 11:10am and then delivered by volunteers Monday thru Saturday. Some recipients want meals daily and some want meals two or three times per week. If you have an hour to an hour and fifteen minutes to spare once a week or once or twice a month, please volunteer.

Call Sandra Howarth at 241-4292.

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Each Sunday 8:00 AM Holy Eucharist, Rite I Followed by Coffee Time 9:30 AM Sunday School 10:45 AM Holy Eucharist, Rite II Followed by coffee time. 5:30 Crosswinds	Each Wednesday 10:00 AM Morning Eucharist Spiritual Formation 5:30 PM Evening Eucharist 7:00PM Choir Rehearsal					
3 African Team Ministries 8 PM AA	4 Financial Peace (FPU) 6:30-8:30	5 Potter's for Parkinson's 10am	6 8 PM AA	7 Beaufort Garden Club Financial Peace (FPU) 6:30-8:30	8 ECW Luncheon Meeting noon 8 PM AA	9 Halstead/Wheatly wedding 4pm
10 Blessing of the Animals 3:30 8 PM AA	11 Financial Peace (FPU) 6:30-8:30	12 Fin-addicts 7pm Potter's for Parkinson's 10am	13 Julian Gathering 4:30 8PM AA	14 Snug Harbor Visit 11am Financial Peace (FPU) 6:30-8:30	15 8 PM AA	16 Addie Howard Baptism 3pm
17 8PM AA	18 Financial Peace (FPU) 6:30-8:30	19 Potter's for Parkinson's 10am	20 Vestry 7pm 8PM AA	21 Prayer Shawl Group 10:30am Grief Support 2pm Book/Film Group 7PM Financial Peace (FPU) 6:30-8:30	22 8 PM AA	23
24 Confirmation class begins 8 PM AA	25 Financial Peace (FPU) 6:30-8:30	26 Potter's for Parkinson's 10am	27 Julian Gathering 4:30 8PM AA	28 Financial Peace (FPU) 6:30-8:30	29 8 PM AA	30 Clifton/Rever Wedding 5pm
31 8PM AA						

Sunday Servants for October

Altar Guild – Elaine Barber, Imogene Clawson,
Nancy Ustach, Dale Wooten



Acolytes

Eucharistic Ministers

Oct. 3	8:00AM	Len Gilstrap	Len Gilstrap/Jack Gilstrap
	10:45AM	Charlotte Henry	First Lesson Charles Phillips
		Henry Gregory	Second Lesson Tricia Phillips
		Walker Harris	Mamre Wilson
		Stephanie Hamilton	Charles Phillips
			Greet/Bread-(8am) Tricia Phillips
			(10:45am) David & Allison Dubuisson
			Ushers:8am Gerald Troyer Jr., Lynwood Daughtry, Jim Smitherman
			10:45 George Frazier, David Dubuisson, Gerry Troyer
Oct. 10	8:00AM	Mamre Wilson	Patti Dill/Mamre Wilson
	10:45AM	Taylor Hollingshead	First Lesson Henry Gregory
		Rachel Henry	Second Lesson Shelvey Lloyd
		Emily Bulla	Frank Rock
		Duncan Englehardt	Dick Brown
			Greet/Bread-(8am) George & Dale Wooten
			(10:45) Shelvey Lloyd
			Ushers:8am Walt Glancy, Bill & Helen Rawls, Jeff Vinton
			10:45 Birkett Howarth, Marnie Park, Weston Porter
Oct. 17	8:00AM	Lewis Bryan	Lewis Bryan/Susan Smitherman
	10:45AM	Jake Lasky	First Lesson David Dubuisson
		Josie Daniel	Second Lesson Allison Duduisson
		Alyx Goodwin	Julia Hamilton
		Charlie Klose	Sarah Jo Safrit
			Greet/Bread-(8am) Bill & Helen Rawls
			(10:45) Sandra Howarth
			Ushers:8am Jeff Vinton, Ike & Helen O'Neal, Joe Smith
			10:45 Tip O'Neal, Brad Drury, Dave Farrior, Shelvey Lloyd
Oct. 24	8:00AM	Vicki Morris	Steve Boone/Susan Smitherman
	10:45AM	Thomas Porter	First Lesson Frank Rock
		Julia West	Second Lesson Fran Rock
		Emma Lasky	William Davis
		Eddie Minchin	Frank Rock
			Greet/Bread-(8am) Guy & June Smith
			(10:45) Joe & Nancy Ustach
			Ushers:8am David Clawson, Phil Morris, John & Ellen Sewell
			10:45 Pennyloyd Baldrige, Roberta Brown, Charles Hale, Joe Ustach
Oct. 31	8:00AM	Susan Smitherman	Patti Dill/Lewis Bryan
	10:45AM	Allie Minchin	First Lesson Len Gilstrap
		Taylor Hollingshead	Second Lesson Doris McMullan
		Jadranka Weygoldt	Jack Gilstrap
		Ashley Domke	Len Gilstrap
			Greet/Bread-(8am) Dolores Meelheim
			(10:45) Catherine Stephenson
			Ushers:8am Gerald Troyer Jr., Lynwood Daughtry, Jim Smitherman
			10:45 Jack Gardner, Lee Phillips, Madeleine Schaw, Frank Sherman

All women of St Paul's Episcopal Church are invited to:

ECW ANNUAL MEETING

FRIDAY, OCT. 8, 2009

AT 12:00 PM - PARISH HALL

Lunch will be "covered dish". Please bring your favorite one. Mark your calendar & please join us.

HOLIDAY BAZAAR
SATURDAY, NOVEMBER 13
10AM-2PM

HOLIDAY BAZAAR: DO YOU KNOW...

- ...that the money raised for the bazaar each year becomes the budget for the next year?
- ...that the ECW gives money to 15 + outreach organizations, the Diocese, scholarships, and many others as the needs arise?
- ...that in about 4 hours the Bazaar has raised over \$12,000 for several years?
- ...that all the above is in addition to what St. Paul's already gives?

Our wonderful Bazaar is just around the corner. Not only is our Bazaar a *huge* fundraiser, it is also a *Wonderful* experience of fellowship and fun. If you do not have a job for the Bazaar or if you have questions or suggestions, please call Bazaar Chairperson Jimmy Pake at 252-838-6116 or Co-Chair Joyce Gross at 252-422-2943

Rooms, chairpersons, and other contacts:

Elaine Barber - Lunch Ticket Sales
Ginny Poindexter - Table Decorations
Raffle Chairperson - Patti Dill
Silent Auction - Patti Dill
Unique Treasures - Carole Sadler 728-7365
Used Bookroom - Sarah Jo Safrit
Christmas Room - Jeanette Holland
Cookbook Sales - TBA
2nd-Go-Around Room - Kay Salter
Jewelry & Craft room - Susan Smitherman 728-7581
Frozen Foods - Norma Gardner 728-5808
Country Store - JoAnn McComas
Baked Goods - Ann Carter 728-5501
Party Goods - Len Gilstrap 728-4782
Gourmet Kitchen Room - Rosemary Green 241-6801
Toys - Madeleine Schaw 728-4555
Gourmet Chefs - Lynne Eastman & Nancy Smith
Lunch servers - Roberta Brown

As you see, we are looking for every thing for the Bazaar. Pick a name from the list above, call, and give your specialty to the Bazaar. If it is helping during the bazaar, making a cake, a frozen food item - we need it all and we welcome it all. The September Epistle contains more information about each room and the types of items needed to fill them.

Our Raffle and Silent Auction are money-makers and need your help. Traditionally our raffle has made between \$2,000 and \$3,000 each year. If you have new items which you do not use, consider donating them to the Raffle or Silent Auction. If you own a business and are able to donate items, goods and services, or gift certificates, we would appreciate them. Everyone can help by buying Raffle tickets and bidding on items in the Silent Auction.

If you are new to St. Paul's or if you have never been involved in the bazaar or if you just would like more information, call the chairpersons or any of the room chairs listed and please come to the fall ECW meeting. Check your bulletin and the Epistle for the date and time.

Crosswinds

☞ Where the World and Faith collide ☞

When I was Confirmed

By Callie Head

I had been baptized in the Baptist church at around ten years of age. At that time, I was riding the church bus from my Mobile Home Park to church each Sunday with other friends but not my family. I don't remember the date. I was not close to the congregation. So when I started going to the Episcopal Church years later, I wanted to have a public declaration of my faith in Jesus as my Lord and Savior and to have a date that I could remember. The confirmation classes were very informative. I learned a lot about the Book of Common Prayer and all it contained. I also learned a lot about the liturgy and why we do the things we do! When the day came and the Bishop was there, it was very exciting! It meant so much for me, lining up with all the friends I'd made in my class in front of the church family I knew and loved. Then it was my turn. My name was announced and when the Bishop laid hands on me, I felt the presence of the Holy Spirit in a powerful way, not necessarily because it was the Bishop, but because my heart was ready! Getting confirmed will always be one of the most spiritual moments of my life! The next was Cursillo, but that's another story!

Confirmation Classes offered for Youth

A five-part Confirmation Class will begin on Sunday, October 24th *during the Sunday school hour for those youth considering confirmation. This is in preparation for Bishop Marray's visit to St. Paul's on December 5th. Confirmation is encouraged to all who have been baptized, when they are ready and have been duly prepared to make a mature public affirmation of their faith and commitment to the responsibilities of their Baptism. A sign-up sheet is available in the Parish Hall under the Youth Board.

Youthquake Deposits Needed

If you are planning to go on our Youthquake trip, you need to make a \$20 deposit by October 10th. This is not refundable unless the trip is cancelled. The Youth are excited to be going to Youthquake 2011 on January 14th – 16th. Youthquake is an exciting Christian retreat combining large and small group settings, interactive prayer sessions, informative talks, games and lively worship. The cost of the trip is \$185 per person. We are going to have our Servant for Hire fundraiser during the Christmas week to bring this cost down and scholarships will be available for those who cannot afford to go. This is an incredible time of healing and spiritual growth in the lives of our kids and I don't want anyone to miss out on it!

Hope Restored Concert with Big Daddy Weave

Crosswinds will be going to the Hope Restored Concert in Havelock with Big Daddy Weave, Aaron Shust, and Andy Kirk on Friday, Oct. 22nd at 7pm. We will carpool from the church at 5:30. The cost of the ticket is \$15 if you get the money to Callie before the day of the concert. It's \$22 at the door. Bring a sack lunch for dinner to eat on the way.

Blessing of the Animals

There will be a Eucharist Service with the blessing of the animals on Sunday, October 10 at 3pm in the back lawn of St. Paul's. Please bring your pets and critters to receive a blessing. If you do not want to bring your pet, you can bring a stuffed representation and we will bless your pet by proxy. The youth will help lead the service and there will be an ice cream social to follow.

Calendar

Sunday 10/3 Crosswinds Meeting 5:30-7:30pm – Ultimate Choice – At What Cost?
Sunday 10/10 Crosswinds Meeting 5:30-7:30pm– Ultimate Choice – Who's At the Wheel?
Sunday 10/17 No Crosswinds Meeting
Friday 10/22 Hope Restored Concert with big Daddy Weave in Havelock. Carpool from church at 5:30pm
Sunday 10/24 St. Francis Blessing of the Animals service 3:00 – 4:30pm. Youth-led outdoor service with an ice cream social to follow. No Crosswinds Meeting that night
Sunday 10/31 Crosswinds Meeting 5:30-7:30pm, Special Halloween meeting!

**The Confirmation class date was incorrect in last month's Epistle*



The Epistle

October 2010 Edition

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The Rev. John Carlisto-Rector
(252) 725-7252—Cell

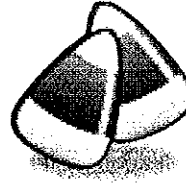
The Rev. Paul Head-Associate Rector
(252) 723-8667—Cell

Martha da Silva—Administrator

Janet Hollingshead—Part-time Secretary

Rick Smith—Organist/Choirmaster

Ginny Poindexter—Parish Nurse



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**The Epistle deadline for
November is
Monday, October 22.**

The Epistle is the monthly parish newsletter for St. Paul's Episcopal Church, Beaufort, North Carolina.
For address changes or other information, please contact the church office
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